

A MONTH OF HOCKEY, HEALTH AND FUN!



PLAY TO REIGN

*Thank you for participating in our inaugural Play to Reign program!
The goal is to get a total of 60 minutes of movement each day.
You can break that down into multiple sessions or one-hour long session.
Attached are two activity logs for you and your child. Document
each 60-minute workout session to complete both logs.*

**All participants who complete the program will receive two (2)
discounted Reign tickets to a pre-selected early season home game!*

*Email your completed logs to mmorgan@ontarioreign.com
by August 20th, 2025 to claim your ticket offer!*



2025 PLAY TO REIGN

ACTIVITY LOG

PARTICIPANT NAME

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ADULT SIGNATURE & DATE





2025 PLAY TO REIGN

ACTIVITY LOG

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ADULT SIGNATURE & DATE

